

RM 3–PS: Survival Game Questionnaire*

Directions/Description

Below you will find 12 questions that deal with different aspects of human survival in a barren region. For each of the 12 questions, you must individually choose the solution that seems best. Try to imagine yourself in the described situation, and remember that you are alone and that you have very limited equipment (unless otherwise indicated). It is autumn, and the days are warm and dry, but the nights are cold.

Once you have individually answered each question, you will review each question within a small group/team. Your group must decide, by reaching a consensus, what is the best alternative for each situation. You must not, under any circumstances, change your individual answers after the team discussion. Individual answers and group answers will then be compared with responses provided.

Questionnaire

1. You have strayed away from your group of friends and are now alone and lost in a forest with neither paths nor roads. You have no special equipment to signal your whereabouts. The best way to alert your friends is to:
 - a. Cry out for help as loudly as possible but in a deep voice.
 - b. Yell as loudly as possible.
 - c. Whistle in a tone as loud and high-pitched as possible.

Individual Answer _____ Group Answer _____

2. You find yourself in a snake-infested area. The best way to protect yourself from the snakes is to:
 - a. Make as much noise as possible with your feet.
 - b. Walk softly and noiselessly.
 - c. Move only at night.

Individual Answer _____ Group Answer _____

3. You are lost in a wild region and you are hungry. The best way for you to recognize edible plants (at least those you don't know) is to:
 - a. Try out what the birds are eating.
 - b. Eat all the plants except those that have bright scarlet berries.
 - c. Place a small piece of the plant on your lip for five minutes; if nothing happens, try to eat some.

Individual Answer _____ Group Answer _____

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* Source: Physical and Health Education Canada (PHE Canada). *Leading the Way—Youth Leadership Guide: Bringing Out the Best in Children and Youth*. Ottawa, ON: PHE Canada, 2009. Available at <www.excelway.ca>. Adapted with permission.

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4. The weather is turning warm and dry. You have about one litre of water with you. You should:
- a. Ration the water and just drink approximately one cup a day.
 - b. Refrain from drinking before halting for the night; then drink what you think you need.
 - c. Drink as much as you feel you need because you are thirsty.

Individual Answer _____ Group Answer _____

5. You do not have any water left and you are very thirsty. At last you arrive at a creek, only to find that its bed is totally dry. The best way to find water is probably to:
- a. Dig anywhere in the creek bed.
 - b. Dig underneath plants and tree roots near the edge of the creek.
 - c. Dig in the creek bed and in the hollow of the bend.

Individual Answer _____ Group Answer _____

6. You try to leave this barren zone by climbing down ravines where water can be found. Night has arrived. The best place to camp out is:
- a. Near the water pocket in the ravine gorge.
 - b. High up on an overhang.
 - c. At mid-slope.

Individual Answer _____ Group Answer _____

7. You strayed away from your campsite for a little walk at nightfall. Night starts to come quickly in the forest and, as you turn back toward the camp, your flashlight starts to dim. Then you should:
- a. Walk as quickly as possible toward the camp with the flashlight on, hoping that it will work long enough so that you can find your way.
 - b. Place the batteries under your armpits to warm them and then put them back in the flashlight.
 - c. Light up in intervals of a few seconds in order to recognize where you are and proceed toward the camp in stages.

Individual Answer _____ Group Answer _____

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RM 3–PS: Survival Game Questionnaire (*Continued*)

8. A snowstorm is keeping you confined to your tiny tent. While sleeping, you have left your portable stove lit. This could become dangerous if the flame is:
- Yellow
 - Blue
 - Red

Individual Answer _____ Group Answer _____

9. You must cross a river with a very strong current whose bed is scattered with large rocks and rough waters. After having carefully chosen the place where you will cross, you must:
- Cross over with your boots and knapsack.
 - Take off your boots and throw your knapsack over to the opposite bank.
 - Throw your knapsack over to the opposite bank but cross the river with your boots on.

Individual Answer _____ Group Answer _____

10. When you cross a river with a strong current and you have water up to your waist, you must cross with your body turned:
- Upstream.
 - Toward the opposite bank.
 - Downstream.

Individual Answer _____ Group Answer _____

11. You find yourself on stony terrain over which you must climb in order to pass. The boulders are moss-covered and slippery. You must climb:
- Barefoot.
 - With your boots on.
 - With your socks on.

Individual Answer _____ Group Answer _____

12. Upon your return to the campsite, you are surprised by a big bear milling around your tent. You have no weapons. Ten metres from you, the bear rears up on its hind legs. You must then:
- Run away.
 - Climb the closest tree.
 - Remain still, but be prepared to back away slowly.

Individual Answer _____ Group Answer _____

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